

Corndale

NEWSLETTER Public School



Term 3 Week 4

Monday 10 August 2020

Dates to Remember

TERM 3

WEEK 4 - AUGUST

Fri 14 Casual Dress / Treat Day

WEEK 7 - SEPTEMBER

Tue 1 Zoo Mobile

WEEK 10 - SEPTEMBER

Fri 25 Last day term 3

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**HAPPY
BIRTHDAY**
AUGUST

Aliyah ~ 7th
Sandi ~ 11th
Fynn ~ 19th

THE CHICKEN ARE BACK

Last week, students were pleased to welcome back our 2 chickens. Greg was able to make the current pen safe enough for their return. A larger and safer structure will be on the P&C Agenda for consideration.

CASUAL DRESS / TREAT DAY

This Friday, the year 6 students have organised a casual dress 'treat' day. They will be selling bags of lollies for \$1, icy poles for \$1 and small bags of chips for 50c. All profits will go into the student council kitty. There is no charge for the casual dress option.

P&C MEETING Via ZOOM

After further consultation with the Department, it was reinforced to us that even in small school setting, P&C meetings must take place via an online platform. As soon as an AGM date is set, an invite slip will be sent home to be completed and returned to school and an email invite will be sent to you prior to the ZOOM meeting. All parents/carers are welcome.

COLD AND FLU SYMPTOMS

As per Department guidelines, any students or staff displaying cold or flu symptoms are not to attend school until they are well. If symptoms persist, please consider getting tested for Covid-19. Thank you to the parents who have followed this advice and have kept their children at home when they are unwell.

VISTOR RESTRICTIONS

A sign has been placed on the gates to remind 'non-essential adults' to contact the office for approval before enter the school grounds. Any essential adult entering the school for an authorised purpose(support personnel, sporting coaches, religious teacher etc), must sign a Visitor Declaration to declare that they have no cold or flu symptoms, have not travelled Victoria or been in a Sydney hotspot within two weeks.

PARENTS LUNCHES

We are calling for parents /carers who would like to provide a lunch for the students this term to lock in an upcoming day, date or week. Lunches may occur on any day of the week or Fridays as per tradition. Please contact the school if you would like to provide a Term 3 lunch.

FREE AND FREQUENT WEEKLY WINNERS

Congratulations to Fynn, Alexie, Elliott & Tanisha for being selected as our Week 3 winners.



HOMEWORK

Spelling: Unit 22 s ss se ce x (sent, miss, house, nice, fox)

Mentals: Unit 20 (Two pages)

Reading: 1/2 Home Readers..... 4/5/6 Reading 15 minutes per night of Novel

VIRTUES

Diligence: is working hard and doing the best job you possibly can. When you are diligent, you take special care to do things step by step. You think and move carefully to make sure things will turn out right. Being diligent is being industrious, giving all you have to give to whatever you do.

Moderation: is creating a healthy balance in your life- work/play, technology/outside time, rest/exercise. You don't overdo or get swept away by the things you like. You use your self-discipline to take charge of your life and your time.



Live Life Well @ School
LET'S GET ACTIVE AT HOME

GetActive@Home

NSW Department of Education has a range of fun video episodes, linked to the PDHPE syllabus, called **GetActive@Home**

Support your child be active at home and give these action packed sessions a go.

For health benefits, children aged 5-12 years need at least 60 minutes of moderate to vigorous physical activity every day. Variety is important!

Search 'GetActive@Home' at: www.education.nsw.gov.au

Developed by Northern Sydney Local Health District

Live Life Well @ School
ACTION: BUILDING WELLBEING

ACTION CALENDAR:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
"Start Where You Are. Use What You Have. Do What You Can" ~ Arthur Ashe			
4 Focus on what you can do rather than what you can't do	5 Send friends a photo of a time you all enjoyed together	6 Take a step towards one of your life goals, however small	7 Let someone you love know how much they mean to you
11 What are your most important values? Use them today	12 Be grateful for the little things, even in difficult times	13 Today do something to care for the natural world	14 Show your gratitude to people who are helping to make things better

Are you looking for ways to build happiness, mindfulness, purpose, kindness and self-care into your everyday practice at home?

Download the action for happiness calendars today. They provide simple and practical tips for the family to do together to help build a culture of wellbeing.

Check out: www.actionforhappiness.org/calendars

Developed by Northern Sydney Local Health District

Lismore Basketball Stadium
Thursday 4.30pm - 5.45pm



Register at
www.lismorebasketball.com.au